



**TABLE TENNIS
CANADA
TENNIS DE TABLE**

TTCAN COACHING EDUCATION - 2023

Coaching Workshops

March 1, 15, 22	Introduction to Competition theory virtually (6-9pm EST)
March 25-26	Introduction to Competition practical virtually/blended (1-6pm EST)
March 29, April 5, 12	Competition Development theory virtually (6-9pm EST)
April 15-16	Competition Development practical virtually/blended (1-6pm EST)
April 21 (Friday)	Community Coaching Course (1-4pm EST)
May 19 (Friday)	Community Coaching (6-9pm EST)
June 10 (Saturday)	Community Coaching Course (1-4pm EST)
September 9 (Saturday)	Community Coaching Course (1-4pm EST)
September 25-27	Introduction to Competition In Person
September 27	Community Coaching (6-9pm EST)
September 26-27	Competition Development In Person
November 3	Community Coaching (6-9pm EST)

Professional Development Sessions: Wednesdays at 7pm EST

January 11	Yearly Training Plan 101
February 8	Preparation for Competitions at Provincial, National
March 8	Women in Table Tennis (Gender Equity)
April 19	School/Recreation Table Tennis (Recruiting and Retaining Athletes)
May 10	EDI – Equity, Diversity and Inclusion in Table Tennis (Gender Equity)
June 7	Science in Table Tennis
July 19	Safe Sport (Gender Equity)
August 9	High Performance 101
September 13	Mental Performance in Table Tennis
October 11	Table Tennis Physical Training (Gender Equity)
November 8	Techniques and Beyond – what's new in Table Tennis?
December 13	Technologies in Training Methodology – Table Tennis